



**THE VOLVIC VOLCANIC EXPERIENCE: THIRD EDITION
29 MAY TO 1ST JUNE
THE VVX IS EXPANDING!**

Press information - sports, 21 January 2019

The Volvic Volcanic Experience (VVX) offers an athletic experience immersing you in an exceptional setting, one of the most emblematic places in the Auvergne region: the Chaîne des Puys-Limagne Fault, recently registered as a UNESCO world heritage site. At the heart of this unique, preserved natural site, the VVX is a sensory odyssey for all athletes, trail runners, and hikers bringing them into contact with living nature.

But going beyond athleticism, organizers invite participants to be curious, to experience moments of real connection with the locals, and to enjoy their amazing craftsmanship: *“After your athletic activities, **follow in the footsteps** of the men and women you’ll meet here who are passionate about the place they live and want to share a timeless experience with you, helping you discover a remarkable land shaped by volcanoes, stone, and water. You can visit artisan workshops and some truly symbolic attractions, such as the Volvic Impluvium, as you uncover the town’s rich heritage.”*

NEW IN 2019

1) THE "XGTV" GREAT VOLCANIC CROSSING EXPERIENCE TRAIL ADVENTURE RACE: 220 KM/7500-M CLIMB

For the third edition, the Aventure en Terre Volcanique association is offering a new, long-format race: the Great Volcanic Crossing Experience, or XGTV®, happening from 29 to 31 May 2019 in addition to the four VVX races.

This duo or solo ultra is based on an original concept with out-of-the-ordinary features. The spirit of the Great Volcanic Crossing Experience® is one of mental engagement, solidarity, and adventure that incorporates athletic values and mountain sports, all at the heart of the French volcanic landscape. A unique opportunity!

This test of ultra-endurance will take competitors on a 220-km route through the Auvergne volcanoes (total climb of 7,500 m), along the most emblematic Grande Randonnée hiking trails in five areas: the Dômes mountains, the Dore mountains, the Cézallier massif, the Cantal massif, and the Artense plateau.

This adventure race, where participants will be equipped with nothing more than a GPX-track road book and will follow the red-and-white Grande Randonnée trail blazes 95% of the time, requires a good sense of direction on and off the trail. The route offers a chance to discover the richness and diversity of the different zones of the Auvergne Volcanoes Regional Nature Park.

The Great Volcanic Crossing Experience® can be undertaken solo or in a team of two. Two categories will be established. The participants will be travelling through a sometimes rugged and demanding mountainous environment, requiring a certain level of technical, physical, and mental capabilities.

ITRA-certified route and UTMB®-qualifying race: 6 points

XGTV® PRACTICAL INFORMATION:

- Wednesday 29 May 2019:

6.30 a.m.: Competition bus departs from Volvic (Goulet site) to reach the race starting line 10.00 a.m.: Race begins from Le Lioran ski station

- Friday 31 May 2019:

No later than midnight: Competitors arrive at Volvic (Goulet site)

62-hour maximum duration

- 20 two-person teams and 20 solo competitors

- 220 km and 7,500-m climb

- Prices: €360 for a duo and €180 for a solo competitor

- 4 hot meals and liquid replenishment at aid stations

- Conditions:

- Open to those aged 20 years and over

- Must have run at least two trail ultras of over 100 km in the last three years

- Required equipment list available in the rules: <https://www.volvic-vvx.com/wp-content/uploads/2018/12/Reglement-GTVAXperience-Volcanique-Dec18.pdf>

- Registration open until 31 April 2019: <http://sporttips.fr/volvic-vvx/>

2] VVX KIDS' TRAIL RUN, 31 MAY

They need their race, too! Takes place on the same site as the adults' race.

Waves of 20 kids will be sent off at a time; the next wave will leave as the last gets back to the starting line. Each child will be able to do as many circuits as they like during the 30 minutes allotted.

This event is for children born between 2005 and 2013, divided into three categories:

Red circuit, 500 m/10-m climb: children born in 2013, 2012, and 2011

Blue circuit, 700 m/15-m climb: children born in 2010, 2009, and 2008

Yellow circuit, 1,100 m/20-m climb: children born in 2007, 2006, and 2005

Limited to 200 participants

Online reservation only; available on SPORTIPS.

THE VVX IS ALMOST FULL!

Registration for the three long-format races that have made the VVX famous opened on 28 September and is now closed, as the events have been full for several weeks now.

There are a few spots left in the 15K! And you can still register for the new long-format race, XGTV®, opened several days ago!

THE VVX IS MADE UP OF FIVE KINDS OF RACES THAT ALLOW YOU TO MOVE, EXPLORE, AND FEEL ALIVE:

The "XGTV®" Great Volcanic Crossing Experience

220 km for duos - 7,500-m climb

Limited to 30 teams of two

The Chaîne des Puys - Limagne Fault Trail Experience

110 km solo or for duos or trios - 3,500-m climb

Limited to 400 participants

The Volvic Impluvium Trail Experience

43 km - 1,670-m climb

Limited to 600 participants

The Volcanic Trail Experience

25 km - 900-m climb
Limited to 500 participants

The Lava Trail Experience

15 km - 550-m climb
Limited to 500 participants



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