

VVX VOLVIC- VOLCANIC EXPERIENCE

21/22 & 23 MAI 2020

4th EDITION OF THE VOLVIC VOLCANIC EXPERIENCE
21ST – 23RD MAY 2020

PAU CAPELL (Spain) will take part in the VVX!

Press release, December 2019

At only 28 years old, the Spanish runner Pau Capell was one of the most remarkable trail runners of the 2019 season. With no less than 928 ITRA points, he ranked amongst the world's top 10 racers! Winner of the Ultra-Trail® World Tour in 2019 for the second consecutive time, he won the biggest races of the international circuit: the Transgrancanaria, the Patagonia Run 2019 and the Mozart 100®, not to mention his spectacular triumph at the UTMB®, in record time and despite the numerous other elites running! And yet, before this outstanding 2019 season, Pau Capell was not unknown amongst trail runners. He had already won great races such as the Eiger Ultra-Trail® in 2018 and the TDS® in 2016, also always finishing amongst the lead runners even on the races he didn't win.

Him announcing his participation in the 4th edition of the Volvic Volcanic Experience (on the Chaîne des Puy – Faille de Limagne / 110 km race) is therefore exciting news. Over the past 3 years, the VVX has drawn in more and more international athletes as well as numerous amateur runners, both French and foreign, eager to explore the pristine natural landscapes and cultural heritage of Auvergne's volcanoes. The VVX, a naturally unique event, isn't just a mere trail running race, but rather a complete and immersive experience during which one explores the region as a whole. Taking part in various historical visits, cultural experiences and numerous athletic activities, all of which are constituent of the VVX's DNA, are motivation for both Pau and other runners! Accompanied by friends and family, the athletes come to this event in the hope of bringing home another trophy but also to partake in the 2 days of activities that follow the race. Imagined as an event during one is to return to the very essence of trail running, the VVX's concept itself is unique and innovative. The first day is devoted to athletic achievements, however big or small, which is then followed by a full two days of exploring. Athletes, friends and family are invited to explore the region, discover its cultural heritage and meet the locals. And it's precisely this wide-ranging aspect of the event that pleases Pau Capell, as well as other athletes, all eager to share the experience with close ones.





Photo ©José Miguel Muñoz

« I already had the VVX in mind because I knew it was known to be a unique race that took place in an exceptional natural setting. I've always loved exploring new ground and since I don't know Auvergne's volcanoes at all, I'm sure the VVX is going to be a pleasant surprise which I'm eager to discover! The other annex activities are also enticing. I'm excited to take part in the general ambiance, share what I'm sure is a very friendly atmosphere with my friends and family, run a good race, and hopefully, in record time! I'm therefore pleased to announce that I'll be participating in the VVX this year, who's dates correspond with my race schedule, which actually isn't quite completed yet. Along with the VVX, I'll also be attending the Transgrancanaria (Spain) at the start of the season and the UTMB® (France) in August 2020 », confirmed Pau.

Race registration: <https://sportips.fr/VVX20/>

Photos available:

2019 press room: <https://www.volvic-vvx.com/en/press/>

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For further information: www.volvic-vvx.com

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